

PRINCIPAL'S REPORT

Last week I had the privilege to attend the Central Coast Public Appreciation Awards at Kariong Mountains High School. This year we had three amazing staff acknowledged for their dedication and commitment to Public Education over many years. The recipients were Margaret Dale, Judith Cooper and Tammy Toy. Below is the citations which were read on the night:

"Margaret Dale is a dedicated interpreter who strives to bridge the academic and social gap for deaf students through Auslan, The Consummate Professional"?

"Judith Cooper is an exemplary classroom practitioner with high expectations. An organised, hardworking teacher, who is respected by both staff and students".

"Tammy Toy is a hard working teacher who is dedicated to providing her students with the best opportunities for their futures".

Furthermore, the Secondary Principals Council of the Central Coast acknowledged Kirsty McRae and the 30th Anniversary Organising Committee of the Central Coast Dance Festival. The citation read:

"Eight nights, sixty schools, two thousand students. Kirsty and successive committees have delivered the highest quality celebration of dance for over thirty years".

Kincumber High School is incredibly blessed to have such a talented and professional teaching staff to meet the needs of our diverse community.



Margaret Dale



Judith Cooper



Tammy Toy



Kirsty McRae

Year 12 have just undertaken their Trial Higher School Certificate and are preparing for their final examinations. Many have also completed major projects in areas as diverse as Drama, Society and Culture and Extension English. Others have undertaken their practical examinations in areas such as Timber and Dance. It is an incredibly busy time and we are incredibly proud of their efforts to this point. A final push is recommended from these amazing students as we near the end of the year.

Last week, eleven students spoke before the assembly outlining the reasons why they should be elected as School Captain for 2020. These students had been carefully interviewed prior to the day and spoke passionately about the significance of the role and the difference they hoped to make if elected. The results will be announced this week and I would like to thank all students involved for their courage and passion for our school. The Leadership team for 2019 have set an impressive standard and I am confident that this new group has the potential to replicate their considerable efforts.

I would like to publically acknowledge the efforts of our Careers team at the school. Steve Fortey has worked tirelessly to support our Year 12 students and has written applications that have supported at least three students into early acceptance at Macquarie University. He has also managed to secure over a dozen students part time jobs at Coles, which has been very well received. Furthermore, Susan Grant has managed to secure another apprenticeship last week, which has supported a student to attain their dream job. These efforts are praiseworthy and will be a stronger focus in 2020.

Year 11 have just received their elective choices for 2020. The school is proud to offer such a diverse range of subjects, which we hope can appeal to as many students as possible. Unfortunately, we cannot offer all subjects and some have had to be culled based on student choice. This is always disappointing and I apologise that not every subject can be made available. Mr Fortey, Mr Donaldson and Mr White are working with students affected, to support them in making the best choices with the subjects available.

Finally, I would like to thank our wonderful Year 7 students who undertook a large excursion to Davistown RSL to look at the historical war artifacts situated there. Occurring in appalling weather, they did their school proud with their exemplary behaviour and enthusiasm. I have been contacted by a number of community members to praise these wonderful young ambassadors. Well done.

Have a great day

Brent Walker

LEADERSHIP TEAM

The Leadership Team of Kincumber High School will be holding a cookie sale on 18 September, to help raise funds for the Central Coast Animal Care Facility. They are a dedicated team of animal lovers who strive to find loving homes for animals deserving a second chance. The funds raised will be used to help buy blankets, toys and aid in the treatment of these poor animals. The pricing will be from 50c to \$2 for cookies and treats. Also, there will be a variety of pet consumables to buy for your own pets to help raise money.

Ms Lawler/Mr Koletti

TAS Report

Food Technology

Year 9 - currently studying Food Selection and Health, investigating nutritious diets and planning healthy meals. Last week they prepared delicious and nutritious burrito bowls.

Year 10 - currently studying Food Trends, investigating new fads and trends in the food industry, food garnishing and photography. Last week, students prepared and devoured Smoothie Bowls. They look as good as they taste!

Year 11 – currently studying nutrition as part of their assessment task, will be preparing a dish based on the nutritional needs of the life stage they have undertaken research, to ensure the nutritional needs have been adequately met.

Year 12 - currently studying Contemporary Nutrition Issues. Last week, they prepared potato gnocchi with a sun-dried tomato sauce. Students roasted potatoes, then mixed, shaped, cut and cooked their own gnocchi. The flavour and texture were amazing.



Hospitality

Year 10 - Continuing their unit on Sandwiches. This term, they have prepared buttermilk fried chicken burgers, BLT, breakfast burrito and an open steak sandwich. Both classes have also catered for a staff luncheon as part of their assessment - working in small teams to prepare and present a variety of sandwiches to industry standard.



Year 11 - This term, students have made corn and bacon chowder, raspberry coconut slice, and deep fried treats, including churros with chocolate dipping sauce and a gourmet seafood basket including battered fresh green prawns, fish, calamari and hand cut chips. Both classes are continuing their work in the school coffee shop and have completed their first week of work placement at various local venues. Well done Year 11!



Year 12 - this term students have prepared chocolate eclairs (making choux pastry, piping, cooking and filling with Chantilly Cream) and nacho pizza - a crispy cornmeal polenta base, topped with nacho mince and fresh guacamole and corn chips. We even made our first batch of Kombucha!



Year 9 Café - both classes took part in a collaborative PBL project during term 2 and 3, where they worked in small teams to develop a business proposal for a food truck. The culmination of this project was the KHS Market Stall Extravaganza, held on Friday, August 16! It was an amazing day:

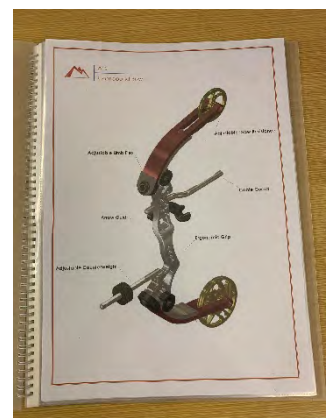
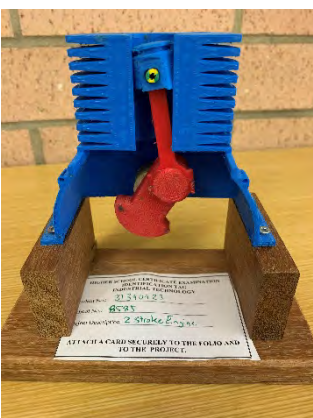
- ☑ 44 students
- ☑ 14 Stalls
- ☑ 20 different sweet and savoury products on offer
- ☑ Over 500 food and beverage items made and sold!

Outstanding effort, team work and enthusiasm from all students throughout the project. Please visit the link to see our video <https://gopro.com/v/62yK58opMQ0D6>

YEAR 9 CAFE MARKET STALL



YEAR 12 INDUSTRIAL TECHNOLOGY MAJOR WORKS



SCIENCE REPORT

Science Week

It has been a busy couple of weeks in the Science department. Plenty of fun, learning and experimenting to be had!

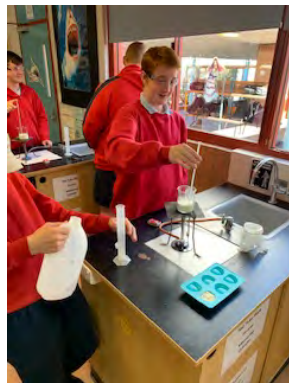
The highlight on our calendar each year is National Science Week. This year, we took 50 students down to Taronga Zoo, to participate in a special challenge designed by the zoo and the University of Sydney in celebration of Science Week. Entitled "Operation Earth: A Conservation Mission" students were given 10 challenges focusing on the conservation efforts to protect the Sumatran Tiger, Greater Bilby, Sun Bear and many more animals, from impacts such as climate change, habitat loss and poaching.

Also, in the Science Faculty, Year 7 have been engaging in activities that are "out of this world", learning about our solar system and the likelihood of humans being able to inhabit another planet.

Year 9 STEM have been investigating the production of plastics and the impact that microplastics in particular, are having on our environment. They tried their hand at making a bioplastic called casein, by mixing warm milk with vinegar. The "curds" that are produced (from the curdled milk!), have been used to make plastics for centuries. Let's just say that the smell and texture of the casein did not appeal to most students!

Mrs Pratt, Science Teacher

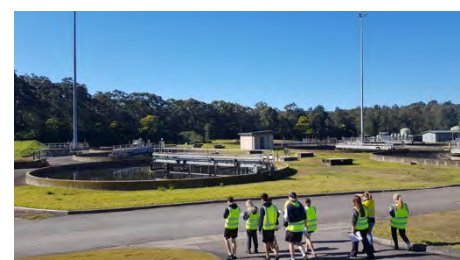




Earth & Environmental Science

As part of the new Syllabus, the Year 11 Earth and Environmental Science class went to the Kincumber Sewage Treatment Plant. Our guide was ex-student and Dux of the school Elizabeth Knight-Locke who is one of the Senior Environmental Chemists at the plant.

Students were given a tour of the plant, the processes the effluent follows and the improvements in sewage treatment.



Recycling Audit

Year 12 Earth and Environmental Science carried out a waste audit on the waste from the Science Staffroom over a number of days.

Vegetative matter, soft plastic, hard plastic, paper, metals and e-waste where all found and separated to determine percentages and ways of recycling at school.

Mrs Barber, Science Teacher



PDHPE Report

Under 15's Netball

Congratulations to the Under 15's Girls Netball Team on their strong victory over Kariong Mountains High School on Thursday, 15 August. The girls played well and won 66-18, with some beautiful passages of play throughout the game. A big thank you to Jade Day of Year 9, for her excellent umpiring, and Mr Nicol and Mr Fortey for transporting the team. The girls will progress Round 2, playing Cheltenham Girls September. Wish

Mrs Laura Gray



to
in
them



early
luck!!



R U OK?

Thursday, 12 September, is R U OK? Day – a day when we're reminded to ask, "Are you OK?" and to remember every day of the year to support people who may be struggling with life's ups and downs. At Kincumber High School, we know that regular meaningful conversations can make a difference. And you don't have to be an expert to ask how someone's going. Just a great mate and a good listener. This year, in the build-up to R U OK? Day, we're shining a light on the times we should be asking our friends and loved ones this important question. We want everyone in our school community to know that if something's up with someone you know, there's something going on in their life or you notice a change in what they're doing or saying, it's time to trust that gut instinct and ask them "Are you OK?" To spread this message, we'll be actively involved in R U OK? Day at Kincumber High School. R U OK? day is a national charity dedicated to inspiring all of us to have regular, meaningful conversations to support anyone struggling with life. You can learn more about the signs and how to ask R U OK? at <http://www.ruok.org.au>



When you notice a
change, no matter
how small

**Trust the Signs, Trust your Gut
& Ask RU OK?**

RU OK? DAY™

12 September 2019

Learn the signs and how to ask at ruok.org.au



National guidelines recommend that
young Australians do 60 minutes of
physical activity every day! The best type
of activity to get the heart racing and
makes them huff and puff



Snow Trip

On Sunday, August 18, 45 students from KHS embarked on the annual PDHPE snow trip to Perisher/Smiggins. After an epic dump the weekend before, everyone was keen to get down and sample the best snow Australia has had to offer for years. From first timers through to highly experienced students (and staff), there was something on offer for everyone. Over the three days on snow, everyone made great progress, and had a fantastic time with their friends. And as always, the behaviour from the entire group was exceptional. All of the students are to be commended on their positive attitudes and quest for self improvement throughout the entire trip. A huge thanks also to Mr Riley, Miss Malone and Ms Elbra for taking time away from home to make this such a memorable trip for our students.

Mr Bradshaw, Snow trip organiser



CAPA Report

The true purpose of an arts education is not necessarily to create more professional dancers or artists. It is to create more complete human beings who are critical thinkers, who have curious minds, who can lead productive lives. - Kelly Pollock.

CAPA dates for your diary

Visual Arts HSC Body of Work Lock Down 2 September, 2019, 3pm.

HSC Practical Music Examination 17 and 18 September, 2019.

One Night Only Arts Festival, Wednesday, 4 December, 2019, 5pm.

Student of the week awards

Visual Arts Support Classes: Stage 4 and 5 - Elijah Camara, Jazz Doyle, Veronika Robertson, Mia Appleton, Charlie Le-May, Tye-Reece Tumicz, Noa Lim, Saxon Beckett, Tate Bartley.

Visual Arts: Year 7- Liam Woodley, Akira Goucher, Harvey Jager, Paige Whittaker, Leif Sbrocchi. Year 8 - Tiarne Wadey. Year 10 - Lauren Tait, Jessica Armeni-Green, Jett Walton, Sam Neal, Sara Kennedy, Elijah Mason, Lachlan Mason, Amber Gillam, Kalena Webb, Finn O'Toole, Zane Drennan, Ruby Petheram, Phoebe Brown, Mitchell Breust. Year 11 - Chloe Taylor. Year 12 - Katie Walker, Macey Bright, Jaiden Rosolen, Courtney Craig, Sari Walker-Woods, Amy Haymes, Jemma Grice, Amber Fraser.

Photography: Year 9 - Taylor Chateauvert, Sienna Ramsay.

Visual Arts Support Class

Miss Lawler and Mrs Henri are running some fabulous lessons with our wonderful support students in Visual Arts. Students are picturing their imaginary world for inspiration and communicating their ideas and feelings through their artmaking. In this class, fine and gross motor skills were utilised to construct the 'Crazy Critters' seen in the following photographs. Clay coiling, slab construction and application of coloured underglazes plus transparent glaze application brought the crazy critters 'to life'. Congratulations to all involved. The works are energetic, fresh and inspiring. Looking forward to seeing the works on exhibition at the One Night Only Arts Festival 2019.

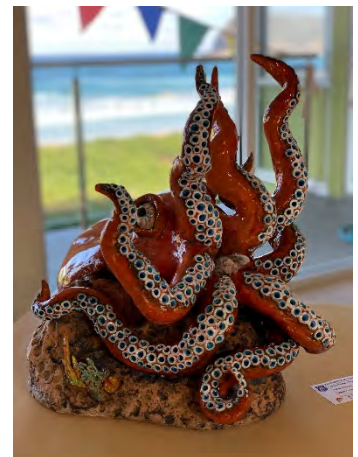


Interested and Talented Program at KHS

Congratulations to Chloe Taylor for winning this amazing accolade in the student's section of the Tuggerah Lakes Arts Society Secondary Student's competition.

Chloe created this work, Octopus, during her Interested and Talented workshop in 2018 with Mrs McGilvery. This is a large scale work, which required extensive technical knowledge and artistic tenacity. Chloe dedicated many hours outside the workshop to detailing and fully resolving this work of art.

She used a range of materials, including Feeney's BRT Clay, decorating slips, metallic oxides and coloured underglazes. Chloe used a range of techniques, including coiling, moulding, modelling and subtracting from the positive form.



 **Tuggerah Lakes Art Society**
August 12 at 9:22 AM · 🌐

Winner of the 2019 Carnevale Secondary Students Art Project award, Chloe Taylor, received her trophy last week. First Prize for "Octopus" 😊
The Carnevale Exhibition at the Art House continues till the 29th August.

Mrs McGilvery, HT CAPA



Dancer in the Spotlight

Roland has recently performed as part of a dance crew who auditioned and performed on Australia's Got Talent. They made it through to the second round, where unfortunately, they just missed out on making it to the finals.

He has also represented Australia at the World Hip Hop Championships in Phoenix, Arizona. While there, he trained in 40 degree heat, for many hours to eventually perform and place 22nd in the world. Roland performed with 2 groups at this event – Pretty Boy Swag and Wolf Pack.

Stay tuned for more to come, as Roland is offered numerous opportunities in Dance!



HSC Dancers

The HSC Dance class have successfully completed 80% of their Dance HSC Exams – with each of them presenting their individual exams in Core Performance, Core Composition and Major Study Performance.

A final thank you to each of the junior dancers – Grace Larkin, Kaeli Slape, Sasha Casey, Kasey McLean, Charlie Dixon and Sierra Flett. These girls gave many hours to learn and rehearse each of the year 12 core compositions, as well as entering the exam space to perform the Core Composition in front of the NESA markers.

Mrs McRae, Dance Teacher





**Come and join the Wollotuka Aboriginal
dance group. All ages welcome.**

**Tuesday 3rd of September
4:00pm - 5:30pm**

Meet at the Fine Arts Building, The University of Newcastle,
Ourimbah Campus. Light refreshments will be provided.

THE
WOLLOTUKA
INSTITUTE

Contact Jesse Hodgetts
E. jesse.hopehodgetts@newcastle.edu.au
P. (02) 43484063

Macs Nippers Join In!

MacMasters Beach Surf Life Saving Club

REGISTRATIONS:

5pm-8pm FRIDAY

20th September 2019

9am-12pm SUNDAY

29th September 2019

9am-12pm SUNDAY

13th October 2019

Active Kids Vouchers redeemable

New members please bring birth certificate
or drivers licence

SEASON STARTS:

9:30am SUNDAY

13th October 2019



Under 6-7s focus on building confidence and water safety through fun activities on the sand and in the rock pool.

Under 8-12s focus on wading, surf swimming, board paddling, surf education, first aid and resuscitation.

13-14 years are welcome in our Rookie program - surf life saving skills, patrols and Duke of Edinburgh program.

MacMasters Beach Surf Life Saving Club - more than just a club! More info: macsmembership@gmail.com

2019-20

North Avoca

Sunday 15th September 2019

9am – 3pm
North Avoca Parade, NORTH AVOCA

REGO DAY

Enquiries please email us @ office@northavocaslc.com.au
Visit: www.northavoca.com.au

Active Kids Vouchers Accepted

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KINCUMBER HIGH SCHOOL | TO TOMORROW