

PRINCIPAL'S REPORT

Welcome to the final newsletter of the year.

It has been a very successful year after the challenges faced in the past two years. The Year 12 class of 2022 have officially finished, after their formal which was held at Drifters Wharf in Gosford. A wonderful night, the school was complimented for the behaviour of the majority of students and the respectful manner in which they conducted themselves. We wish them every success when their HSC results are released on Thursday, 15 December.

Although the situation has improved, we ask families to be aware of the challenges posed by COVID. With the onset of the fourth wave, we are continuing to advise students, staff, and visitors to only attend school when symptom free. We strongly encourage all students, staff, and visitors to follow the guidance of NSW Health. Schools will continue to send home students, or staff, displaying symptoms. The school has large supplies of Rapid Antigen Tests in the Principal and Deputies offices for any families who require them. Can I please encourage any students with COVID symptoms to stay home if they are unwell.

The school is undergoing a number of staffing changes as we prepare for 2023. Long serving and very popular SASS members Margaret Dale and Lesley Adamski are retiring at the end of the year. Also, Cathy Bissett has finished her nursing degree and will begin working at Gosford Hospital. These are fantastic members of staff and I appreciate their incredible contribution and dedication over many years.

The school is currently recruiting for a number of positions and have employed Kate Thepsiri (BWSC Umina) who has been successful in obtaining the permanent Chemistry position through transfer. It is also envisaged that a permanent English teacher and Itinerant Hearing Support teacher will be employed before the holidays.

The school has had female feminine hygiene stations installed in all bathrooms, but unfortunately is still awaiting supplies. The installation of stainless-steel handrails throughout the quadrangle is on track and will be completed by the end of the year. The carpark upgrade has begun slowly and is slated for completion in early 2023, with undercover facilities for the Support Unit students available to access assisted travel in the morning and afternoons. Finally, the library upgrade is progressing steadily with architects working on the final design. At this point in time, the library looks like being closed for the entirety of Term 2, 2023, and the renovated space open in Term 3, 2023. Options are being explored for a temporary library during these renovations.

The Tjudibaring AECG Awards were held on 16 November and were a massive success. I'd like to thank Jade Bush and the entire Aboriginal Education Team for this incredibly valuable event, which was held in the school hall. Also the inaugural Junior AECG was formed, with office holders elected and key directions determined. 2023 promises to be an exciting time in terms of Aboriginal Education, with closer links to the partner primary schools, earlier starts to the annual PLP's, and completion of the wall in the COLA with student directed ideas, constructed by local artist Grant Maloney.

The Student Support Unit Theatre Performances were held in the TLS on 23 November. This wonderfully inclusive and rewarding event is always a highpoint of the year and I'd like to thank staff member, and master thespian, Tim Pulo, for his contribution and hard work in organising the event. The Support Unit are an integral part of the school and opportunities like these are why Kincumber High School is such a successful and inclusive school.

There are still a large number of important events to occur before the conclusion of the year. The Year 6 in to 7 Orientation Night is on 30 November, and we look forward to another successful and informative night. Student reports are being compiled and will be distributed at the end of the term. The P&C AirPods draw for excellent student attendance will also be drawn at the end of the term, as well as minor prizes. Please note, the latest iPhone will be the major prize in 2023 and I'd like to thank the hard-working P&C for their ongoing support.

This week, the Senior Executive have been undertaking parent and community forums to plan future directions for the school. The forum members were asked:

Strengths

What are our strengths? (E.g., welfare programs, physical facilities, teachers, technology, communication, student recognition and rewards, sport, excursions)

Weaknesses

What are our weaknesses as a school? What do we need to improve?

Opportunities

What additions should we consider for our school. How can we make our school even better? What's missing from our school compared to other schools?

Threats

What are the barriers that may stop our school moving forward or improving (and how should we address these)?

Priority issue

What is your number one thing that needs to change at our school?

Students will soon undertake similar forums and the information compiled to allow Kincumber High School to be an even better school, which is responsive to the needs of staff, students, parents and the wider community.

As the year draws to a close, I'd like to wish everyone a happy and relaxing Christmas and New Year. Thank you, as always, for your ongoing support of the school. Looking forward to a very successful and rewarding 2023.

Brent Walker
Principal

As an additional note the school is having difficulty employing cleaners. This is managed separate to the Department of Education by a company called Ventia. If you are interested in a role at KHS as a cleaner can you please call Hein on 0427 094 319.

DEPUTY PRINCIPAL - YEARS 7, 9, 11

As the year draws to a close, it's important to reflect on the many individual and collective achievements of students and staff within our school. All students have had successes and personal growth. From learning how to master new digital art tools in Visual Design, to developing more confidence in paragraph writing, through to completing your last HSC Examination, many takeaways and accomplishments were achieved in 2022.

For myself in 2022, I am so very thankful of gaining the Deputy Principal position at our wonderful school. Each day I am supporting the education of students in Years 7, 9 and 11, assisting staff, and developing partnerships with our learning community and local businesses. It is a privilege to be in this position and work hard for all of our stakeholders.

On Thursday, 27 October, our school hosted the Junior AECG Workshops and Establishment Day. The Tjudibaring Junior AECG will be a vital platform for student voice, to further strengthen cultural recognition in our schools and support Aboriginal successes across many fields – academic, sporting, creative arts. Many thanks to Jade Bush (AEO), David Krix (Team Leader Aboriginal Education) and all our support teachers and volunteers who made this day a success. Congratulations as well to all our elected Junior AECG Committee Members.

On November 16, our school hosted the Tjudibaring AECG Award Night. This was a terrific occasion with students and community members from all Tjudibaring AECG partner schools in attendance. Special guest, the Honourable Dr Gordon Reid was also present and awarded Miles Kent the Five Lands Walk Recognition Award, for his role as the 2022 Message Stick Holder.

I wish Year 11 (Year 12, 2023) the very best in their first HSC school-based assessments. I have been very impressed by renewed focus and dedication of Year 11 students as they have now started their HSC courses. For these upcoming assessments, it is important to spend time carefully unpacking task requirements, seek out teacher guidance if unsure, and draft potential responses. Acting on feedback, prior to completing an assessment is an invaluable method for reaching one's potential in assessment tasks.

For all our students, their families and community members, I hope you have a terrific Christmas and holiday over the summer. Enjoy this special time of the year, the warm weather and beaches. Stay safe and we will see you back at the start of Term 1 in 2023.

Brent Waters
Deputy Principal Years 7, 9, 11



ATTENDANCE TEAM



Thank you for the ongoing support from the P&C, in providing prizes each term for a student with attendance greater than 90%. This term we will again see a student take home a pair of Apple earbuds for simply having four or less days off each term!

In 2023, the P&C have committed to giving away the latest iPhone at the end of the year. Thank You



Attendance prize for
2023... the latest
iPhone!!!



ATTENDANCE TEAM

Kincumber High School

Late Slip

STUDENT NAME (Year 11)

Student ID: 454809971

Roll : 11R5

Date: 15 AUG 2022

Arrived: 08:27

Reason: Unexplained

LATENESS TO SCHOOL:

The school bell rings at 8.15am each day. Student's have until 8.25am to arrive at roll call. After 8.25am students are recorded as late. This lateness is then displayed on student's reports each semester.

If a student has no reason for arriving late to school, the student will receive a slip indicating UNEXPLAINED as shown.

Parents have seven days to inform the school the reason for the lateness, and it is then changed to EXPLAINED.

This process involves:

Parent Signature

Parent Name

Late Reason

A parent needs to sign the slip.

Provide a reason for the lateness.



Return to the front office the following day.

Teachers are currently checking late slips and reminding students of the process. If you find a slip in your child's school bag, jumper pocket or anywhere else, please help us with addressing unexplained lateness.

Mrs Rearden

YEAR 7 PDHPE

YEAR 7 SURF EDUCATION EXCURSIONS

During Week 4, Year 7 spent the day at Terrigal Beach and participated in the annual surf education excursions run by Surf Life Saving Central Coast. All students had a fantastic time and some photos of the day can be seen below.



YEAR 9 PDHPE

On Monday, 19 September, all Year 9 PDHPE presented in the hall for the PBL - Youth Health Summit Assessment Task. This was a collaborative group task.

Students went above and beyond in their presentations, ranging from making creative informative pamphlets, posters, games, websites, podcasts and baked goods. The PDHPE faculty was blown away with the students work ethic and working well in a team to create an engaging, yet informative presentation. Well done Year 9. Miss Brittany Treweeke



YEAR 10 - CHILD STUDIES - PDHPE

For the past four weeks, the Year 10 Child Studies class along with Mr Crawford have been visiting The Beach Early Learning Centre at Kincumber to spend time with the children down there. We were split up into three groups. One group with the children that are starting to transition into Primary School, Another group with the 2-3 year olds and another group with the babies. We all had a lot of fun playing games such as hide and seek, tip, playing in the sandpit, making up obstacle courses to run around in, reading books while sharing ideas about what we thought was going on, painting and drawing, playing with playdough. We also made shapes, built towers, did puzzles and spent quality time with the students. For the next four weeks they will be visiting us at the school and playing fun games that the class has come up with in groups that they will be rotating around. These games will be run on the oval, cola, and the quad. There will be lots of fun to be had. We look forward to spending more time together as we end the year. Thank you to everyone that is involved.

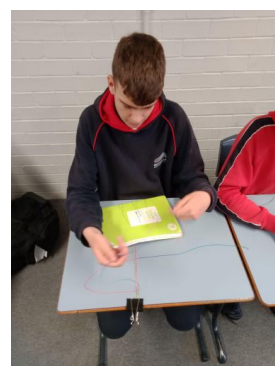
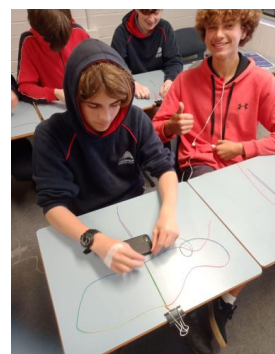
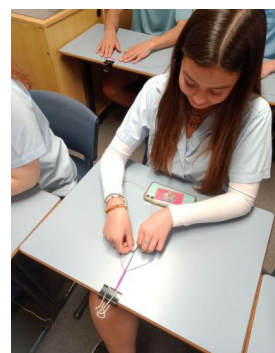
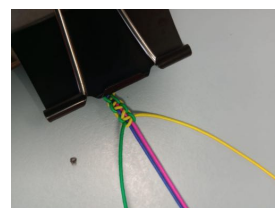
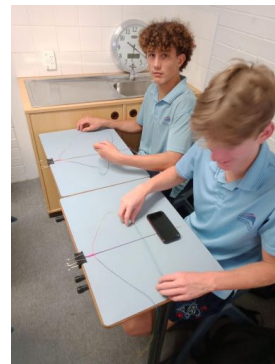
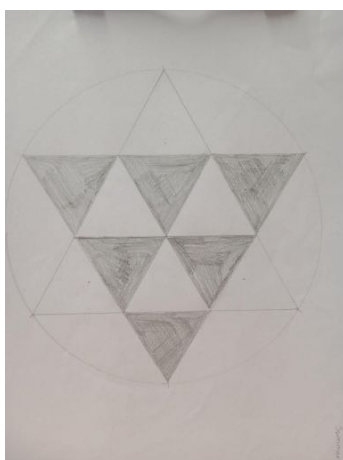
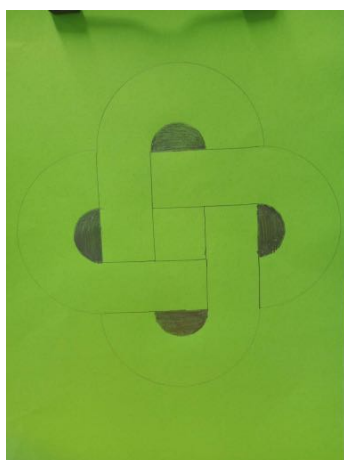
Child Studies - Eve Sheppard



MATHEMATICS NEWS

As we finish another year, I would like to acknowledge my Mathematics teachers who have been so supportive of each other during a very challenging term! I would also like to acknowledge the efforts of Mr Arnold and Mr Penn, who have stepped up to cover lessons across the faculty for extended periods of time.

Year 9 Enrichment Maths learned some new skills this term, creating macrame bracelets as an application of Knot Theory. Although we mainly used square knots, some also experimented with creating 'twist' knots. They have also created some accurate (and at times creative) compass constructions as part of a unit on Sacred Geometry, which are now displayed outside the staffroom. An interesting section of this unit was looking at how crop circles could have been created, and the reasons for their creation.



Year 10 Enrichment Maths have been working on a unit called 'Prove It', where they have been completing a range of geometric and induction proofs at a very high level, including a number of past HSC questions. It has been wonderful to watch their confidence grow in an area normally considered quite difficult.

Students in junior years have completed assignments this term, and we have been pleased to note that the majority of these have been handed in on time. Year 12 have their first HSC maths assessment due in week 9, and Year 7 have their grading task on Friday week 6. We use these results to help us place students appropriately for Year 8 to maximise their learning.

Have a Safe and Happy Holiday!



Mrs Woodley Mrs Cardy Mr White Mr Lauder Mr Kelly Mr Paszkowski Mr Martin Ms Rennie Mr Schofield Mr Arnold Mr Regier Mr Penn

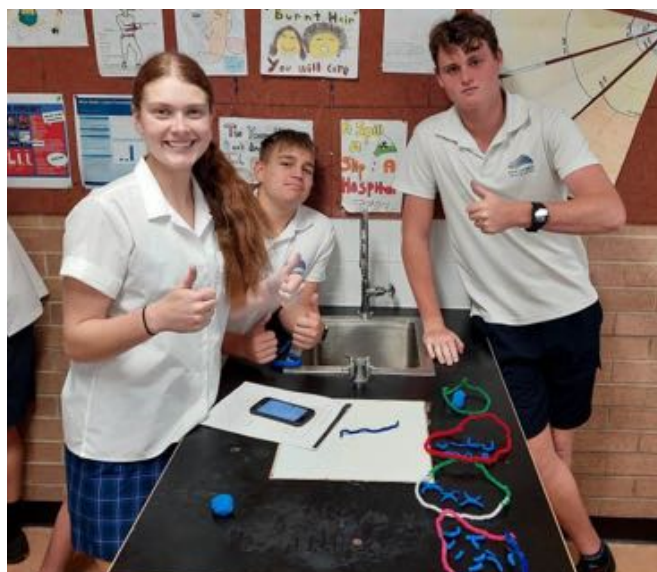
SCIENCE FACULTY REPORT

Science this term has been full of exciting hands-on experiences. Year 11 Earth and Environmental Science students had the opportunity to dissect Balmain Bugs in order to understand prehistoric life, such as trilobites.

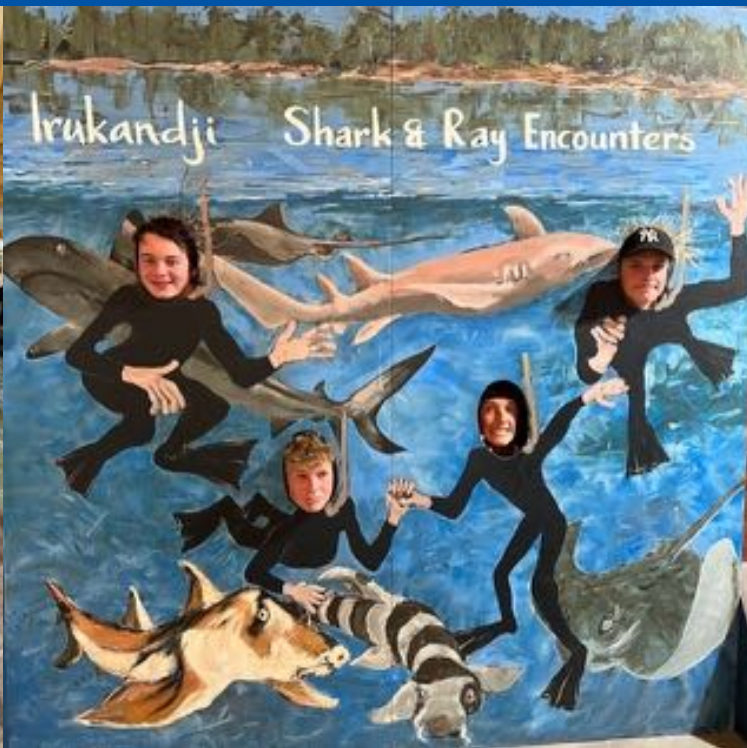
Meanwhile, our Year 8 cohort have beaten the record for the most heart dissections completed in a week to develop their understanding of human body systems.

The super scientists in Year 10 have undertaken their motion practical task with enthusiasm, while our Year 11 Biology team have learned that multiplication and division mean the same thing, while modelling mitosis and meiosis.

Mr Jensen and the Science Faculty.



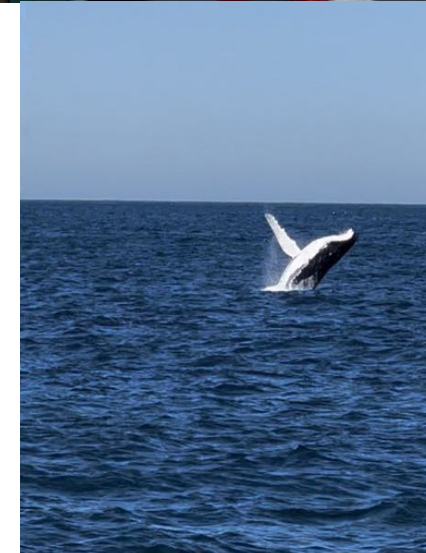
YEAR 10 MARINE STUDIES - WHALES, SHARKS & RAYS!



A spectacular day was spent whale watching on the waters of Nelson Bay at the end of Term 3. An adult humpback and calf put on a fun display of breaching and tail slaps for over an hour.

Our day ended with plenty of shark and ray cuddles at the Irukandji Shark & Ray Centre, Anna Bay.

Mrs Pratt, Miss Seal and Mr Jensen



TAS FACULTY



We would like to show some of the recent harvest from the veggie gardens constructed by the VET Construction students.

At times, we have thought the world is against us with extensive rain drowning the seeds, bush turkeys getting into the gardens and branches falling from the surrounding trees. BUT ... as you can see from our harvest, the Year 7 Food and Agriculture students over Term Three and Term Four have finally had success with growing vegetables. Cabbage, parsley, thyme, spring onions and garlic chives have all been thriving in the garden bed. They were used to make some lovely salads enjoyed by staff and students.

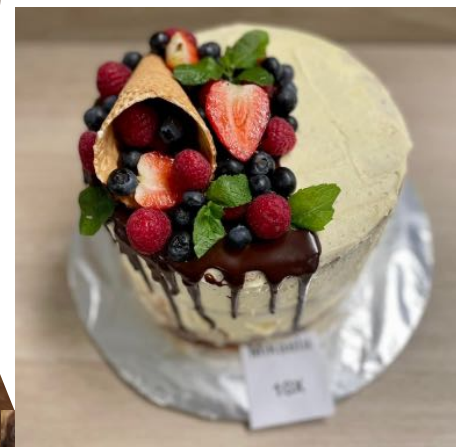
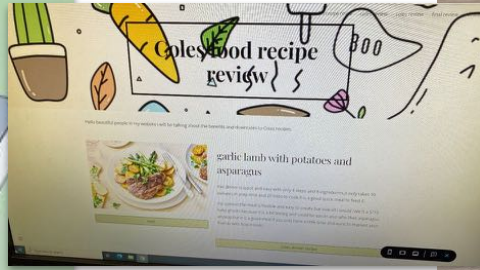


The current Year 12 Construction students are making modifications to the garden beds to allow access from both sides. This will make it easier to weed, plant and water the seeds we plant in the new year.

The next additions to our garden will be tomatoes, cucumbers, mint and strawberries.



TAS FOR 2023!!



JUNIOR A.E.C.G



On Thursday, 27 August, we had such a deadly day with you mob, establishing our first Junior AECG! This Junior AECG has been established for the Kincumba Learning Community with Kincumber PS, Avoca Beach PS, Copacabana PS, Pretty Beach PS and Kincumber HS, collaborating with Tjudibaring Local AECG. Students from Years 6 to 11 were involved in a morning of cultural workshops and an afternoon establishment meeting.

Congratulations to Talley, Cooper, Teja, Harrison, Shanti, Duke, Shakyla, Jye, Hamish and Tilleah on being nominated and elected into committee positions. We look forward to hearing your voices and seeing where things grow to over the next 12 months.



JUNIOR AECG



JUNIOR AECG



CAPA REPORT - DANCE

"One Night Only" - our much loved CAPA Exhibition and Performance Night is back on!!! Dance, Art, Photography, Music and Drama will be on show to round off the year. Thursday evening, December 15th.

Kincumber High School is excited to be involved in Pulse Alive in Homebush in March 2023. This event is similar to Star Struck and Schools Spectacular in their format. Year 7 and 8 students who are interested in Dance, have been invited to take part in this amazing opportunity.

Rehearsals have started, so if you have not seen Mrs McRae in the PE staff room yet, please hurry up and do so.

Student Choreography Project

Our talented Year 9 Dance students are busy creating new items for our end of year show 'One Night Only' for the Year 7 and 8 ensembles. Rehearsals occur in the hall Wednesday mornings at 7:30am. There is still time to join if you haven't already - these ensembles are open to all students interested in Dance.



CAPA REPORT - DRAMA & SCHOOL MUSICAL



The wheels are turning for Kincumber High's production of Grease in 2023.

Auditions have begun and we have been very impressed by the number and the quality of auditions so far.

Rehearsals will get underway regularly in Term 1, 2023. We ask that all students involved please commit to attending meetings and rehearsals. Sometimes this can be difficult to manage, but it's important to maintain our application as the opening performance gets closer and closer.

Stay tuned to our newsletters and as Danny says: *"That's cool baby, you know how it is, rockin' and rollin' and what not"*.



CAPA REPORT - MUSIC

HSC 2022 musicians Ari Bailey, Ethan Cochran, Will Jacobson, Sam Sadek, Aurora Sbrocchi and Scarlett Sykes, have been busy recording their HSC performances for the judging panel that will ultimately decide what students perform in Sydney in 2023 as exemplars of HSC Music.

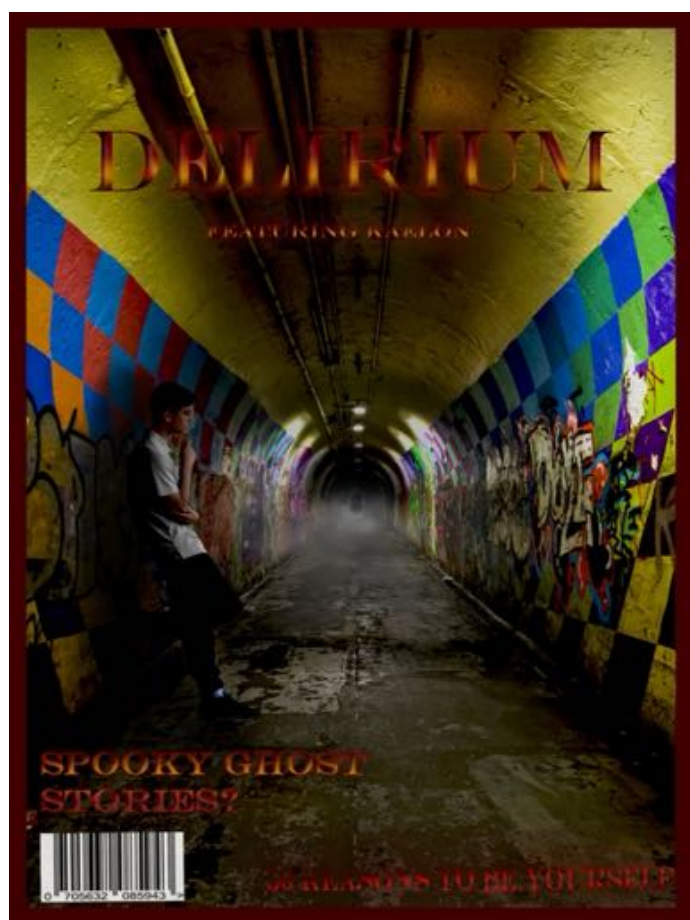
A big thank you to our musicians: Will Guz, Sophia Hill, Daniel Anderson, Rory Kearns, Leif Sbrocchi, Charlotte Dixon, Xianna Miller, Leo Pionic, Amelia Dela Paz, Jackson Adair, Lily Winbank, Melissa Bianchi and Matthew Griffiths, who all assisted on the day.



Pictured above is Rory Kearns' album cover, created by him in Photography class. Rory and Daniel Anderson are featured in the front.

CAPA REPORT - VISUAL ARTS / PHOTOGRAPHY / VISUAL DESIGN

The top 3 panels of artwork were featured at Copacabana Surf Club for the 5 Lands Exhibition. Below these are Year 9 Photography's Kaelon Craig's and Sophie Hoskin's magazine covers.



CAPA REPORT VISUAL ARTS / PHOTOGRAPHY / VISUAL DESIGN



Year 10 clockwise from top left: Ceramic sculpture Pearl McQueen, Ceramics by Nina Boije af Gennas, Graphics by Tom Patterson and Stippled Drawing by Paige Whittaker.

CAPA REPORT - VISUAL ARTS / PHOTOGRAPHY / VISUAL DESIGN



Year 10 Visual Design:
Architecture.
Clockwise from top left:

Charlotte Cameron, Lucy Tamblyn,
Amiel Barton and Zahli Foran.

Akira Goucher and Leela Murray.

Sam Fink-McKenzie, Jade
Roddenby and Hunter Tamblyn.



CAPA REPORT - VISUAL ARTS / PHOTOGRAPHY / VISUAL DESIGN

HSC ArtExpress Preselection.

Congratulations to our two HSC Visual Artists whose works were deemed eligible for preselection for the prestigious ArtExpress exhibition. An outstanding achievement. A special thank you to Ms Berberian and Mrs McGilvery who guided students along the creative road to completion!



Hayley Stevenson. A superb colour drawing on paper from a series of images.



Another beautiful drawing by Hayley Stevenson.

CAPA REPORT - VISUAL ARTS /PHOTOGRAPHY / VISUAL DESIGN



Sophie Warman Nettleton

The above painting comes from a series of four oil on canvas paintings that explored Sophie's travels as a child with her brother, Harry.

We wish Hayley and Sophie all the best for possible inclusion in ArtExpress for 2023. Just being nominated is an achievement.

ArtExpress opens in February, 2023. We'll keep you posted via our newsletter.

A special thank you to all Year 12 Visual Arts students who worked so well during the year. We look forward to seeing your results!

CAPA REPORT - VISUAL ARTS / PHOTOGRAPHY / VISUAL DESIGN



Year 10 Digital Imagery. Clockwise from top left: Ryan Sedevcic (both), Ava Wildschutt and Phoenix White.

CAREERS

Crowne Plaza Terrigal Immersion Day

Selected students from a number of schools around the coast attended the Crowne Plaza Immersion Day on Friday, 11th November. The day was organised for students to not only experience a day in the life of a major hotel, it was also an opportunity for Crowne Plaza at Terrigal to look into the best ways to employ new young adults into the business.

Students were able to experience a buffet breakfast, make mocktails, fold laundry, make beds and experience most of the day to day activities for the Crowne Plaza at Terrigal.

Casual and Full time work available - many more available on the notice board

Borg Somersby - Casuals After School

B & K Revegetation and Landscaping - Cert III in Parks and Gardens

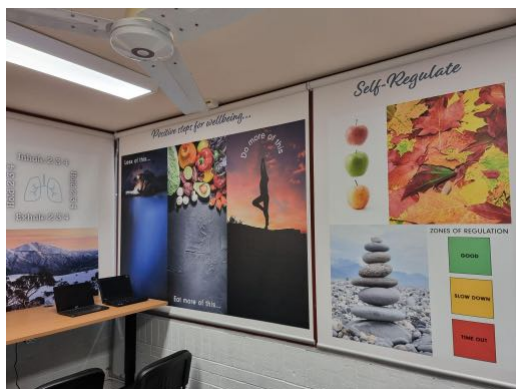
3 x Child Care Apprenticeships in local area

Cabinet Making Apprenticeship

Delivery Drivers at Terrigal

Christmas Casuals for Christmas Holidays at Erina Fair

WELLBEING TEAM REPORT



It has been an active and exciting year in Wellbeing for 2022. The Wellbeing team has enjoyed working with our students and the wider community, to improve engagement and belonging at Kincumber High School. Below is a breakdown of Term 4 programs and supports.



Wellbeing Day - Teams Challenge Australia

In weeks 6 and 7, Teams Challenge Australia visited Kincumber High School to run an engaging, enjoyable and challenging team building activity with Years 7, 8, 9 and 10. The activity highlighted problem-solving, communication, teamwork and how to remain calm under pressure.

Aspire Program

We are currently running the Aspire Program with some of our Year 10 students and Support Unit students. The aim of the program is to give students an opportunity to reach their full potential by opening their minds to opportunities previously considered unattainable. It contains both therapeutic and practical sessions, including aspects of mindfulness, smart goal setting, self-esteem and compassion, career planning skills and developing healthy relationships.



WELLBEING TEAM REPORT

Rock and Water

This program is designed to help young people build resilience, while increasing confidence, self-regulation and social acceptance. Students who participate in this program will learn the skills to develop positive peer relationships and an understanding about who they are and their personal direction. Rock and Water is targeted at our Year 7 students this term.



Rock and Water Program
Gadaku Institute

Future Proofing

The Future Proofing study was developed specifically to address the mental health crisis among young people and help influence the work of mental health service providers, like Headspace and ReachOut. Our Year 9 students participated in this last year and will complete a follow up survey this month.



Black Dog
Institute

Top Blokes

The Junior Top Blokes Mentoring Program is a 16-week mentoring program currently being run with some of our Year 9 students. Students who participate in this program will improve their self-confidence, self-esteem, resilience, and positive decision making skills. They will also increase their knowledge and skills around mental health, alcohol, drugs, anger, discrimination, and online safety.

**Tell Them From Me**

All students, staff and the wider community participated in Tell Them From Me this year. We will use this data to continue to target wellbeing initiatives and supports at Kincumber High School.



WELLBEING TEAM REPORT



Luke Kennedy - Guest Speaker

We had Luke Kennedy visit the school in Week 1 to talk with Years 8, 9, 10, and 11. Luke is a motivational speaker, mental health advocate, successful business owner and best selling author. He used his past experiences to inspire, motivate and enlighten our students.

Tom Reynolds - Guest Speaker

In Week 2, we had Tom Reynolds from the Independent Drug Education Australia visit the school and speak to Years 9 and 11. Tom presented to Years 10 and 12 earlier in the year. Tom helps students develop an understanding of health and safety issues surrounding drug and alcohol use with a key focus on providing proactive and responsive skills and strategies.



LTrent's Road Safety Program

As a part of the Life Ready program for Years 11/12, LTrent Driving School presented to our students during Week 1. They educated students about road safety, including common crash types, influenced decisions and hazard perception.



It has been a pleasure working with students, teachers, parents and carers this year, we are looking forward to a wonderful 2023. Many thanks from the Year Advisors, Student Support Officer, School Counsellor, Girl's Supervisor and the Relieving Head Teacher Wellbeing.

WELLBEING EXTERNAL SUPPORTS



- eheadspace provides free online and telephone support and counselling to young people 12-25 and their families and friends.
- You can also visit Headspace centres at Gosford, Wyong and Lake Haven.
- Group chat is 24/7. 1 on 1 chat is 9am-1am.
- <https://headspace.org.au/eheadspace/>



- Free, private and confidential 24/7 phone and online counselling service for anyone 25 or under.
- Call 1800 55 1800 or visit kidshelpline.com.au/get-help/webchat-counselling



- Guided lessons on mindfulness, sleep and simply remembering to breathe.
- Aims to keep people calm and focused through short meditation exercises.



- ReachOut is 100% online, anonymous and confidential, and lets young people connect on their terms.
- One-to-one peer support, moderated online communities, tips, stories and resources from a range of different topics.



- Beyond Blue offers online and over the phone support.
- [Anxiety, depression and suicide prevention support - Beyond Blue](#)



- Butterfly Foundation offers support for body image and eating disorders.
- [Support for Eating Disorders and Body Image Issues | Butterfly Foundation](#)

ILLUMINATE CHALLENGE

A group of Year 10 students completed the Illuminate Challenge in Week 6 at the University of Newcastle Ourimbah Campus. They went up against all of the public schools in the local area and were tasked with creating a solution for a sustainable tourist business for the Central Coast. Every single student who participated in this event was able to work on skills that they will be able to use in the future, undertaking tasks within a single week that will take businesses sometimes months to complete. Not only did Team 38 - Central Coast EcoFest win the Overall Best Solution category, they also won the entire challenge with a high score of 95.8%. The team has now been invited to take part in a National Champion Challenge during Week 8 and we wish them all the best.

I would like to personally thank all of the parents and guardians who supported the team members throughout this entire week. The late nights, the last minute prop set ups and your support and presence at the ceremony on Friday were amazing.

Lastly, thank you to all the students. You are the reason our school community is so beautiful and I am so proud of the young adults that you have started to become.

Ms Sadler







Carson & Associates are proud to sponsor the Kincumber High School Legal Studies Award. This award recognises the highest performing Legal Studies student in the HSC examination and is awarded annually at the KHS Evening of Excellence awards ceremony.

Carson & Associates are proud partners of Kincumber High for the past three years, as well as numerous community groups and projects.

Carson & Associates provide a whole range of community services designed to promote community spirit and well-being.

Through our Community engagement programs Carson & Associates strive to create a better community for us all.

KHS is very grateful and appreciative of our community sponsors that give so generously in support of our students.



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